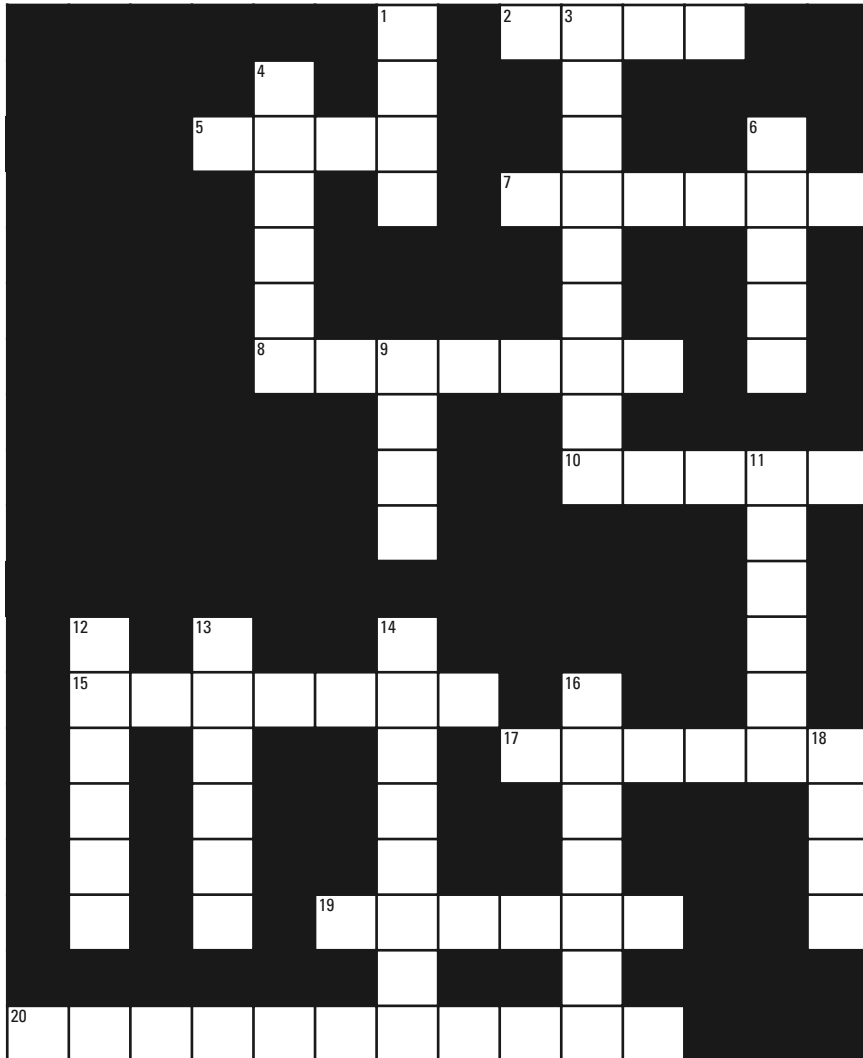




Complete the Crossword Puzzle for a chance to win.



Across

2. Because of age-related changes, driving ability may deteriorate to the point where it is time to “_____ up the keys”.
5. Make it a habit to use this type of phone only when you’re parked.
7. In this season there is an increased risk of slipping and falling.
8. Activities, such as doing this on a cell phone, cause you to stop paying attention to the road.
10. Think _____ is the name of this initiative.
15. Driver distraction and driver inattention are contributing factors in almost 80% of car _____.
17. To improve safety at home, these surfaces should be kept clear of trip hazards, such as throw rugs.
19. Maintaining a healthy body _____ will help reduce pressure on the spine, which can otherwise lead to chronic pain and injury.
20. A large number of collisions are easily _____, simply by staying focused and driving safe.

Down

1. There is more than one way to supervise children – you can do this, follow or watch.
3. There really are no _____, because injuries are predictable and preventable.
4. To help prevent injuries in winter sports, children and adults should wear properly fitting safety gear, such as this.
6. Injures are the leading cause of _____ in Canadians between the ages of 1 to 44.
9. Do this action, in both directions, before crossing intersections.
11. In winter, footwear with soles made of this material help reduce your risk of falling.
12. Other ways to minimize your chance of slipping include strength and balance exercises, and being physically _____.
13. Taking _____ precautions can go a long way in helping everyone to ensure an injury-free lifestyle.
14. Wearing this helps reduce your chances of becoming seriously hurt or injured in a car crash.
16. This liquid impairs judgment, vision, balance, coordination, reaction time and our ability to make competent decisions when driving.
18. When entering buildings, remove this from footwear to prevent indoor wet, slippery conditions.

You can find the answers to this Crossword in the 2007 Winter edition of the Health Issues newsletter and in the wellness brochure, “Drivers - Your Attention Please,” available in your workplace. You can also visit www.wehealthunit.org/workplace-health, then click on Initiatives, then Think Smart, under Resources click Health Issues Newsletter or Employee Brochure.

Once you have completed the crossword puzzle, place this entry form in the ballot box.
One entry per person. See ballot box for prize details.

NAME _____

DEPARTMENT _____



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