

INFECTION PROTECTION

Match the Facts

CONTEST

How are germs spread and what can you do to reduce your risk of infection? Read the Fall issue of the newsletter and brochure to find out. To see what you've learned complete this "Match the Facts" contest. To complete, draw lines between the items listed in each column that connects how a particular germ is spread, and what can be done to help prevent its spread. Hint: some items have more than one line that connects them to the germ.

How are these germs commonly spread?

Sneezing and coughing

Meat not cooked to proper temperature

Unprotected sex

Dirty unwashed hands

Germ

Influenza

Hepatitis B

Salmonella

Chlamydia

Chicken pox

What can you do?

Cook meat to proper temperature

Get vaccinated

Wash hands properly

Disinfect cutting board

Use a condom

Sneeze and cough into your arm

Answers can be found in the 2006 Fall edition of the HealthIssues Newsletter available in your workplace or online at www.wechealthunit.org/workplace-health/newsletters.

Bonus Question

What else can you do to decrease the risk of getting sick from these germs?

Place this completed entry form in a ballot box at work. One entry per person. See ballot box for prize details.

NAME _____

DEPARTMENT _____

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