

# THE SLEEP WELL CONTEST

After reading the *Sleep Well Newsletter* and *Personal Health Guide*, complete Part 1 and 2 of the contest and enter the ballot for your chance to win!

**Participate Today!**

**Complete the Sleep Well Contest  
and enter your ballot for a chance to win!**

**Contest runs until**

**Pick up entry forms** *one entry per person*

**Prizes**

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