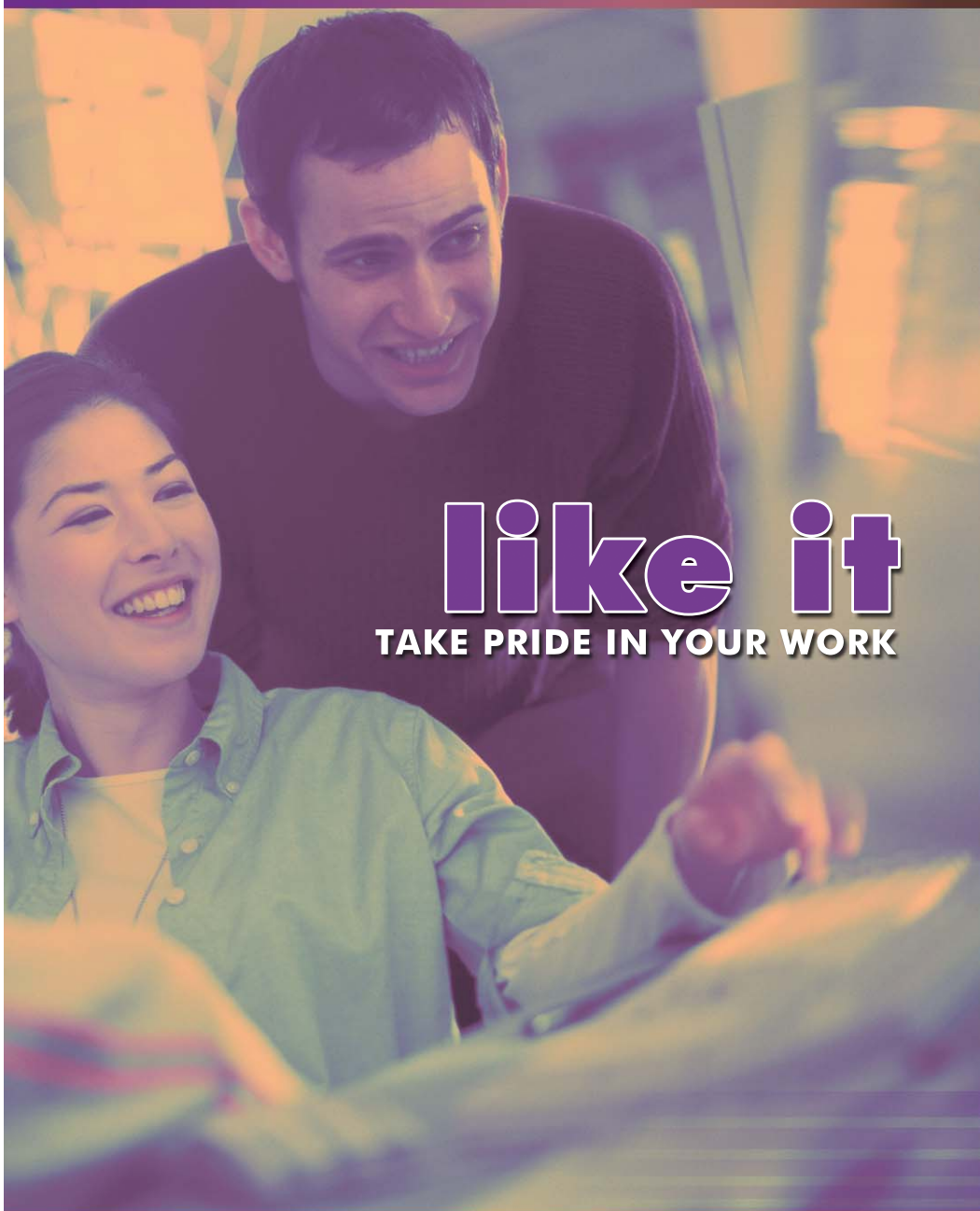


**do it**  
**MAKE TIME FOR YOU  
 AND YOUR FAMILY**



**like it**  
**TAKE PRIDE IN YOUR WORK**



**seek it**  
**IMPROVE YOUR  
 COMMUNICATION SKILLS**

Decide what's important...

**MAKE IT HAPPEN!**

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**Working**  
TOWARD  
**Wellness**  
 LIVE BETTER. LIVE LONGER.

