

# TAKE 5

**A STROKE IS A MEDICAL EMERGENCY.  
KNOW THE EARLY WARNING SIGNS**

If you recognize any of the following **FIVE** early warning signs in yourself or someone else, you can make a big difference by calling for medical help immediately.



**KNOW**  
STROKE

**KEY REFERENCE**

Heart and Stroke Foundation. (2011). *Stroke warning signs*. Retrieved September 12, 2011, from [http://www.heartandstroke.on.ca/site/c.pv13leNWJwE/b.3581689/k.780C/Stroke\\_\\_Warning\\_Signs.htm](http://www.heartandstroke.on.ca/site/c.pv13leNWJwE/b.3581689/k.780C/Stroke__Warning_Signs.htm)

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