

Jog with high knees



Broccoli and spinach

Strong bones they help build

Bones for sport, bones for health

Make sure your plate is filled



Basketball jump shots

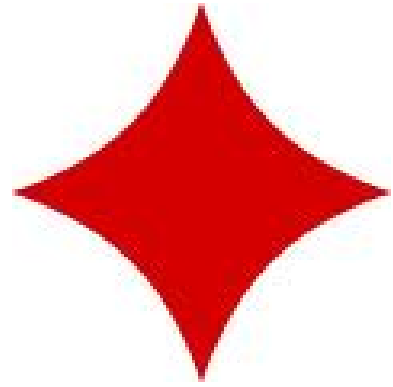


Dried apricots have iron

Iron helps you learn

Learn in school, learn at home

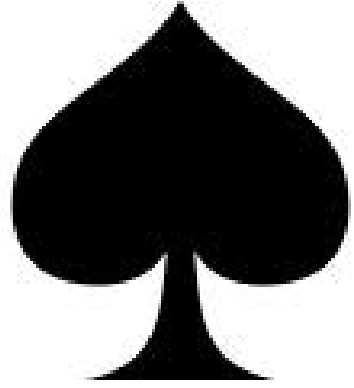
Good grades you will earn



Boxer skipping



Oranges, berries, and red peppers
Helping keep a healthy you
Healthy gums, healing cuts
Preventing sickness too



Chicken jacks



Green, yellow, and orange
Are the veggies you should pick
Healthy eyes, skin, and hair
Daily eating does the trick