



Immunize for life

infants and preschoolers



- Diseases that vaccines prevent often occur in very young infants. The only way to protect your baby is to give vaccines soon after birth.
- The vaccines used in Canada work well and are very safe.
- Serious adverse reactions are rare.
- The dangers of vaccine-preventable diseases are greater than the risks of a serious adverse reaction to the vaccine. These diseases can lead to blindness, deafness, brain damage, paralysis, and death. Is it really worth risking that to avoid a needle prick?
- There is no link between vaccines and chronic diseases, autism or sudden infant death syndrome (SIDS).
- The Ontario Day Nurseries Act states that parents are responsible for making sure their children are fully immunized. Proof of immunization, or a valid exemption, is required or suspension from day care is possible.

| Age | Diphtheria | Tetanus | Pertussis | Polio | Hib | Measles | Mumps | Rubella | Pneumo Conj. (Prennar) | Men C. Conj. | Varicella (chicken pox) | Hepatitis B | Human Papillomavirus | Influenza (flu)* | Pneumo Poly |
|----------------|------------|---------|-----------|--------------|-----|---------|-------|---------|------------------------|--------------|-------------------------|-------------|----------------------|------------------|-------------|
| | 1 shot | | | 1 shot (MMR) | | | | | | | | | | | |
| 2 months | | | | | | | | | | | | | | | |
| 4 months | | | | | | | | | | | | | | | |
| 6 months | | | | | | | | | | | | | | | |
| after 6 months | | | | | | | | | | | | | | | |
| 12 months | | | | | | | | | | | | | | | |
| 15 months | | | | | | | | | | | | | | | |
| 18 months | | | | | | | | | | | | | | | |

*After 6 months of age, the flu shot should be given every year in the fall.

school-aged and teens



- Children 4 to 6 years of age need a booster shot which will protect against diphtheria, pertussis, tetanus, and polio.
- Publicly funded hepatitis B and meningococcal C vaccines are offered in the schools to Grade 7 students by Windsor-Essex County Health Unit nurses.
- Publicly funded human papillomavirus vaccine is offered to Grade 8 girls. Three doses are given by the Health Unit during the school year.
- Teens 14 to 16 years need a booster shot for tetanus, diphtheria, and pertussis.
- The Immunization of School Pupils Act states that parents are responsible for making sure their children are fully immunized. Proof of immunization or a valid exemption is required or suspension from school is possible.

| Age | Diphtheria | Tetanus | Pertussis | Polio | Hib | Measles | Mumps | Rubella | Pneumo Conj. (Prennar) | Men C. Conj. | Varicella (chicken pox) | Hepatitis B | Human Papillomavirus | Influenza (flu)* | Pneumo Poly |
|-------------|------------|---------|-----------|--------------|-----|---------|-------|---------|------------------------|--------------|-------------------------|-------------|----------------------|------------------|-------------|
| | 1 shot | | | 1 shot (MMR) | | | | | | | | | | | |
| 4-6 years | | | | | | | | | | | | | | | |
| 12 years | | | | | | | | | | | | | | | |
| 13 years | | | | | | | | | | | | | | | |
| 14-16 years | | | | | | | | | | | | | | | |

*The flu shot should be given every year in the fall.

adults



- Adults should get a tetanus and diphtheria booster shot every 10 years.
- The flu vaccine is recommended every year for everyone over the age of 6 months.
- Pneumococcal vaccine is recommended for anyone over the age of 65 years. The pneumococcal vaccine may be given to anyone over the age of 2 years, but only when specific risk factors are present. Please see your doctor for more information.
- Even if your routine immunizations are up to date, if you travel outside of Canada, talk to your local travel clinic or doctor for any vaccines you may need.
- Health care and child care providers may want to consider getting hepatitis B, Tdap (tetanus, diphtheria, pertusis), and the varicella (chicken pox) vaccine. You may have to pay for these vaccines. Please ask your doctor for more information.

| Age | Diphtheria | Tetanus | Pertussis | Polio | Hib | Measles | Mumps | Rubella | Pneumo Conj. (Prennar) | Men C. Conj. | Varicella (chicken pox) | Hepatitis B | Human Papillomavirus | Influenza (flu)* | Pneumococcal Poly |
|-------------------------|------------|---------|-----------|--------------|-----|---------|-------|---------|------------------------|--------------|-------------------------|-------------|----------------------|------------------|-------------------|
| | 1 shot | | | 1 shot (MMR) | | | | | | | | | | | |
| Adults (every 10 years) | | | | | | | | | | | | | | | |
| 65 years + | | | | | | | | | | | | | | | |

*The flu shot should be given every year in the fall.