

a COMMUNITY Affair



brimmed hat



shade



long sleeves

sunscreen



limit exposure



sunglasses

☀️ Reduce exposure to the sun between 10 a.m. and 4 p.m.

☀️ Seek shade or create your own

☀️ Wear a wide brimmed hat

☀️ Wear sun protective clothing

☀️ Use sunscreen, SPF 15+

☀️ Wear UV protective sunglasses

Skin Cancer is largely preventable by limiting exposure to sunlight.

Practice Sun Safety Everywhere!



Chatham-Kent Public Health Unit
435 Grand Ave. W., P.O. Box 1136
Chatham, ON N7M 5L3
519-352-7270 FAX 519-352-2166
www.chatham-kent.ca



County of Lambton
Community Health Services Department
160 Esmouth St.
Point Edward, ON N7T 7Z8
519-383-8331 FAX 519-383-7092
www.lambtonhealth.on.ca



Unité sanitaire
de Windsor comté d'Essex

Windsor-Essex County
Health Unit
1005 Ouellette Ave.
Windsor, ON N9A 4J8
519-258-2146 x. 1350 FAX 519-258-7288
www.weshealthunit.org
360 Fairview Ave. W. Suite 215
Essex, ON N8M 3G4
215 Talbot St. E.
Leamington, ON N8H 3X5



Most sun damage occurs
in childhood and adolescence.

Sun exposure, a number of sunburns
before the age of 12, and a family history
of skin cancer, are the strongest risk factors
for future skin cancer.

Send sunscreen with your child to daycare,
school and everywhere the sun may be.
Anytime you and your children are outside,
use sunscreen.

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Canadian Dermatology
Association



Canadian Cancer
Society Société
canadienne
du cancer



ESSEX COUNTY PHARMACISTS
ASSOCIATION



OPTIMIST
Bringing out the best in kids
Windsor & Essex County



Greater Essex County
District School Board

WINDSOR-ESSEX

Catholic District
School Board



Conseil scolaire
de district des
écoles catholiques
du Sud-Ouest



Lambton Kent
District School Board
Student Achievement Community Success



ST. CLAIR CATHOLIC
DISTRICT SCHOOL BOARD