

# GRANDPARENTS

**FALLS** are the **number one** cause of injury in children birth to 6 years.

**What can you do?**

**Supervision is the key to preventing falls.**

**There is more than one way to supervise children - you can use Hold, Follow, or Watch.**



*Children are always changing  
Their needs are changing too  
**Hold, Follow, Watch**  
With everything they do!*

For a **FREE** Grandparent's Safety Kit:  
a package on falls and injury prevention for  
young children, call 258-2146 ext. 1340.