

# POISON PREVENTION

## Poison Prevention Begins at Home

### Children Birth to 6 Years!

9 out of 10 poisonings happen in the home. Children grow and develop quickly during the first 6 years of life. Young children want to see, touch and taste everything. They learn to crawl, walk, climb, open doors and get into containers before you know it.

### What can you do?

1. Supervise: **Hold, Follow, Watch**
2. Poison-proof your home



Children are always changing  
Their needs are changing too  
**Hold, Follow, Watch**  
With everything they do!

Call the Windsor-Essex County Health Unit for a free  
**Hold, Follow, Watch Poison Prevention package**  
258-2146 ext. 1340.