

Breast is Best



**80% of new mothers
breastfeed their babies
in hospital.** Infact Canada 2003

**Let us help you continue
with confidence!**

**The Windsor-Essex
County Health Unit
offers:**

- Prenatal breastfeeding classes
- Breastfeeding Help Line
- Breastfeeding Drop-in Clinics

Call 258-2146 Ext. 1350



www.wehealthunit.org

